# School Food Community Growing a better food future Growing a better food f

Workshop for teaching staff

## Making the most of your outdoor classroom

Many schools do not capitalise on the opportunities a school food garden provides for students to learn outdoors. This workshop 'Making the most of your outdoor classroom' will provide teaching staff at your school with concrete ways to utilise the green space in your school.

This workshop has been designed to provide inspiration, information, and resources that support teachers to embed learning and enhance links to the curriculum within your schools' outdoor environment.

This workshop will cover a broad range of subject matter that can be tailored to the unique needs of your school.



### "The best classroom and the richest cupboard is roofed only by the sky" - Margaret McMillan c.1925

#### **Workshop Facilitator**

Ellen Regos is the Team Leader for the School Food Gardens Program at Cultivating Community and has worked for 25 years as a teacher and educator in sustainability.

#### **Workshop outline:**

The workshop will begin with a brief introduction and a challenge to the model of teaching all classes indoors. Staff will be provided with the opportunity to identify for themselves the pros and cons of teaching outdoors as well as some of the benefits for students.

There will be an activity that provides practical ways in which an outdoor classroom can be utilised by all teachers at each year level. This activity is tailored to a focus area that the school is currently investigating or about to begin.

The teaching qualities and skills required to work effectively in the outdoor classroom will be discussed and resources provided to assist staff in transitioning to teaching outdoors. This highly interactive workshop emphasises teamwork and staff participation, the facilitation style is informal yet engaging.

### Make the most of your outdoor classroom

Cost \$500 (+GST) for 1hr - Metro Melbourne only. Free to schools in Cultivating Community's School Food Garden Program

To find out more information or to book a staff workshop, contact:



Ellen Regos 0400 507 281 or 03 9429 3084 ellen@cultivatingcommunity.org.au www.cultivatingcommunity.org.au/contact

Cultivating Community's first funded project with schools was in 2000 working with kids from across three housing estates to grow food both at home and at school. From this very first seed sown 20 years ago the School Food Gardens Program was born and has evolved into a program that still assists schools today. **To find out more visit: cultivatingcommunity.org.au/schoolfoodgardens**